



What is 4-H?

We teach kids from all backgrounds how to become well-rounded individuals. We do that by teaching the four H's:

Head — Make sound decisions, stick with your goals and develop practical skills.

Heart — Act with integrity and accountability.

Hands — Put the needs of the community first and commit to serving others.

Health — Actively take care of your mind and body.

What will I do?

4-H centers around projects. Members choose from a wide range of individual projects based on their interests and community availability. Through these projects, members set goals, learn the necessary skills, and exhibit or demonstrate their skills at events like county fairs, speaking contests and competitions.



What can I do?

If you're interested in something, it can probably

become a project. Here's a sampling:

Clothing and textiles Reading

Pet care and training Robotics, rocketry
Electricity and GPS
Food and nutrition Small engines
Geology Visual arts and crafts

Horses Wildlife
Leadership Woodworking

Photography

How can I get involved?

Join a club! 4-H clubs are groups of families and volunteers who generally meet monthly. At meetings, youth members share their projects, plan community service activities and practice running meetings. There are many sub-clubs for individual projects led by adults or older members.

Visit <u>Kansas4-H.org</u> for more information or to find a club near you!

Kansas State University Agricultural Experiment Station and Cooperative Extension Service

K-State Research and Extension is an equal opportunity provider and employer.

Meadowlark District – Holton Staff

Cara Robinson, 4-H Program Manager Carol McManigal, Office Professional Clay Roland, District 4-H Agent

114 W. 5th Holton, KS 66436-1778 785-364-4125

785-364-4775 (FAX) e-mail: ja@ksre.ksu.edu www.meadowlark.ksu.edu

Jackson County Townships

Potential members may jo		oin any club in the District.	
	• •	Netawaka	Whiting
		6	
Soldier	Jefferson	Liberty	Straight Creek
Solulei	Jellerson	Liberty	Straight Creek
9			
9			
_			
Grant	Banner	Franklin	Garfield
		4	
		7	2
		8	
		10	
Adrian	Lincoln		Cedar
			_
			5
Washington		Douglas	
4		3	
1		3	

4-H Clubs Meeting in these townships:

1. Delia Early Birds	2. Denison Builders	3. Hoyt Livewires	4. Lucky Stars
Delia	Denison	Hoyt	Holton
5. Mayetta Mustangs Mayetta	6. North Jackson Jets Netawaka	7. Ontario Busy Bees Holton	
8. Pleasant Valley Rustlers	9. Soldier Boosters	10. Straight Arrows	
•		8	
Holton	Soldier	Holton	

For meeting times, location, and leader contact information look under "How to Join 4-H - Club Contact Information" on Holton Office (Jackson) page.

Meadowlark District—Oskaloosa Staff

Linda Gantz, 4-H Program Manager, Meg

Megan Dix, Office Professional,

Clay Roland, District 4-H Agent

100 E. Washington P.O. Box 326 Oskaloosa, KS 66066 785-863-2212

Valley Falls

785-863-3511 (FAX) Email: <u>jf@listserv.ksu.edu</u> www.meadowlark.ksu.edu

Jefferson County Townships

Potential members may join any club in the District

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Delaware		Norton	
9 10		7 8 Jefferson	
		1	1
Rock Creek	Ozawkie	Oskaloosa	Union
		6	3
	Fairview		
2	4		
Kaw	Kentucky	Rural	Sarcoxie
5		1	

4-H Clubs Meeting in these townships:

1. Billtown 2. Clover Power 3. Crackerjacks Meriden McLouth Perry 4. Fairview 5. Grantville Circle G 6. Jolly Juniors Grantville Oskaloosa Ozawkie Area 7. Lucky 4 8. Mooney Creek 9. Prosperity Nortonville Mooney Creek Valley Falls 10. Valley Victors 11. Winchester

For meeting times, location, and leader contact information look under "How to Join 4-H - Club Contact Information" on Oskaloosa Office (Jefferson) page.

Winchester

Meadowlark District - Seneca Staff

Deb Henry, 4-H Program Manager Amy Haverkamp, Office Professional Clay Roland, District Agent

 1500 Community Drive
 785-336-6060 (FAX)

 Seneca, KS 66538
 e-mail: mm@ksre.ksu.edu

 785-336-2184
 www.meadowlark.ksu.edu

Nemaha County Townships

Potential members may join any club in the District.

	Potential members may join any club in the district.		
Clear Creek	Nemaha	Washington	Berwick
		0	
		8	
Marion	Richmond	Gilman	Rock Creek
1	4		2
	6		
Center	Mitchell	Adams	Capioma
			-
			9
Home	Illinois	Harrison	Granada
3		5	
	_		
	/		
Neuchatel	Red Vermillion	Reilly	Wetmore

4-H Clubs Meeting in these townships:

1. Achievers Baileyville	2. Busy Jayhawkers Sabetha	3. Centralia Aces Centralia
4. HHHH	5. Kelly Twilighters	6. Pony Express
Seneca	Kelly	Seneca
7. Red Rustlers	8. Stateliners	9. Woodlawn Meadowlarks
Corning	Bern	Woodlawn

For meeting times, location, and leader contact information look under "How to Join 4-H - Club Contact Information" on Seneca Office (Nemaha) page.